

## Planks and Crates

### Equipment Required

	No. required	Comment
Planks	3	
Crates	4	
Marker Cones	4	

#### Safety Brief

- Take care when handling planks - splinters in wood
- Manual handling – The moving of planks must be undertaken carefully – not by anyone with back issues
- Care when moving planks – other team members
- Care not to trap fingers when placing planks
- Planks are firmly set on crates – approximately 15 cm in contact
- Planks must not overhang crates
- **NO JUMPING**

#### Set Up / Assembly

1. Ideally set up on tarmac
2. Using marker cones (or rope) Set up start and finish lines, 10-12m apart
3. Place Planks / Crates at start line

#### Operator Instructions

1. Brief the group that they must cross from start to finish, without touching the ground, using the equipment provided and within the time limit (20 minutes max)
2. Success is all of the team across, as well as all of the kit
3. Ensure safety brief is covered (see left)
4. If participants fall off, whole team goes back to the start
5. If a plank touches the ground, team goes back to the start
6. At end of time, ask team to return kit to the start

I have read and fully understand the risk assessment, assembly, operating & briefing instructions and any other safety procedures in relation to:

### Planks and Crates team building exercise

Signed:

Date:

Event Manager / Trainer Signature:

Print:

Print:

Risk Assessment for:  
 AR Entertainments  
 Mount Pleasant Way  
 Stokesley Business Park  
 Stokesley North  
 Yorkshire  
 TS9 5NZ

**ASSESSMENT UNDERTAKEN**  
 Date:  
 Assessor:  
 Activity / Equipment:

**ASSESSMENT REVIEW**  
 1<sup>st</sup>: 03 – 09 – 2014

Significant Hazard	People at Risk	Control Measure
Injury caused from being struck with a plank	Participants Operator	Safety briefing Supervision
Falls from 'bridge'	Participants	Safety briefing Supervision
Injury caused by splinters in wood	Participants Operator	Maintenance of kit Safety Briefing Supervision
Collapse of crates	Participants	Crates inspected and replaced as required